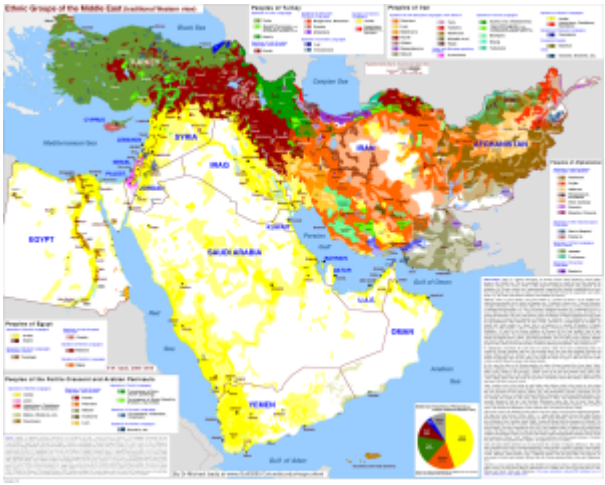Ethnic Groups in the Middle East